



**DEL NEGRO & SENFT**  
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Dseye.com

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### Directions for Amsler Grid

1. With your reading glasses on, test ONE eye at a time while holding grid at normal reading distance.
2. Look at the dot in the center of the page for three seconds with each eye.
3. All the lines should be straight.
4. If the lines become wavy, or if part of the grid is missing, notify our office immediately.
5. Test each eye for three seconds, once per week.

