



## INSTRUCTIONS FOR CATARACT SURGERY WITH LIGHT ADJUSTABLE LENS & LIGHT DELIVERY TREATMENTS

### POST OPERATIVE DROP SCHEDULE:

**PRED FORTE**- FOUR TIMES A DAY FOR 1 WEEK, THEN TWO TIMES A DAY.

**PROLENSA**- ONCE A DAY.

*\*You can use artificial tears as needed.*

### HOW TO PREPARE FOR YOUR LIGHT DELIVERY TREATMENT:

**\*NOTE: YOUR EYES WILL BE DILATED.**

**YOU WILL NEED A DRIVER ON ADJUSTMENT DAY.**

- DO NOT WEAR EYE MAKEUP THE DAY OF TREATMENT.
- WEAR ONLY THE SPECIAL UV BLOCKING GLASSES PROVIDED TO YOU AT THE SURGERY CENTER. THE CLEAR LENSES SHOULD BE WORN INDOORS AND THE TINTED LENSES SHOULD BE WORN OUTDOORS AS INSTRUCTED.
- YOU CAN STOP WEARING GLASSES **24 HOURS AFTER YOUR FINAL LIGHT TREATMENT.**

### WHAT TO EXPECT AFTER YOUR LIGHT DELIVERY TREATMENT:

- TREATMENTS WILL BEGIN APPROXIMATELY 3 WEEKS AFTER SECOND EYE SURGERY.
- YOUR VISION WILL BE BLURRY FOR A FEW HOURS, THEN GRADUALLY CLEAR.
- YOU MAY HAVE A PINK TINGE TO YOUR VISION FOR SEVERAL HOURS. THIS IS NORMAL AND MORE PRONOUNCED AFTER YOUR LOCK-IN TREATMENT.
- FOLLOWING THE LDD TREATMENT, YOU MAY HAVE SOME IRRITATION AND CAN USE CHILLED ARTIFICIAL TEARS AS NEEDED.

**NOTE:** PAY ATTENTION TO THE QUALITY OF YOUR NEW VISION DURING EACH LIGHT TREATMENT SO YOU CAN EFFECTIVELY COMMUNICATE WHAT YOU LIKE. THIS INFORMATION IS HELPFUL TO DR. DEL NEGRO AND WILL BE USED TO CUSTOMIZE YOUR VISION DURING THE TREATMENT PROCESS.

Patient (Print): \_\_\_\_\_ Patient (Sign): \_\_\_\_\_

Date: \_\_\_\_\_ Witness: \_\_\_\_\_ Date : \_\_\_\_\_