

**DSeye.com** 

Tina V. Shah, O.D. Patricia E. Carniglia, O.D.

## **Directions for Amsler Grid**

- 1. With your reading glasses on, test ONE eye at a time while holding grid at normal reading distance.
- 2. Look at the dot in the center of the page for three seconds with each eye.
- 3. All the lines should be straight.
- 4. If the lines become wavy, or if part of the grid is missing, notify our office immediately.
- 5. Test each eye for three seconds, once per week.

